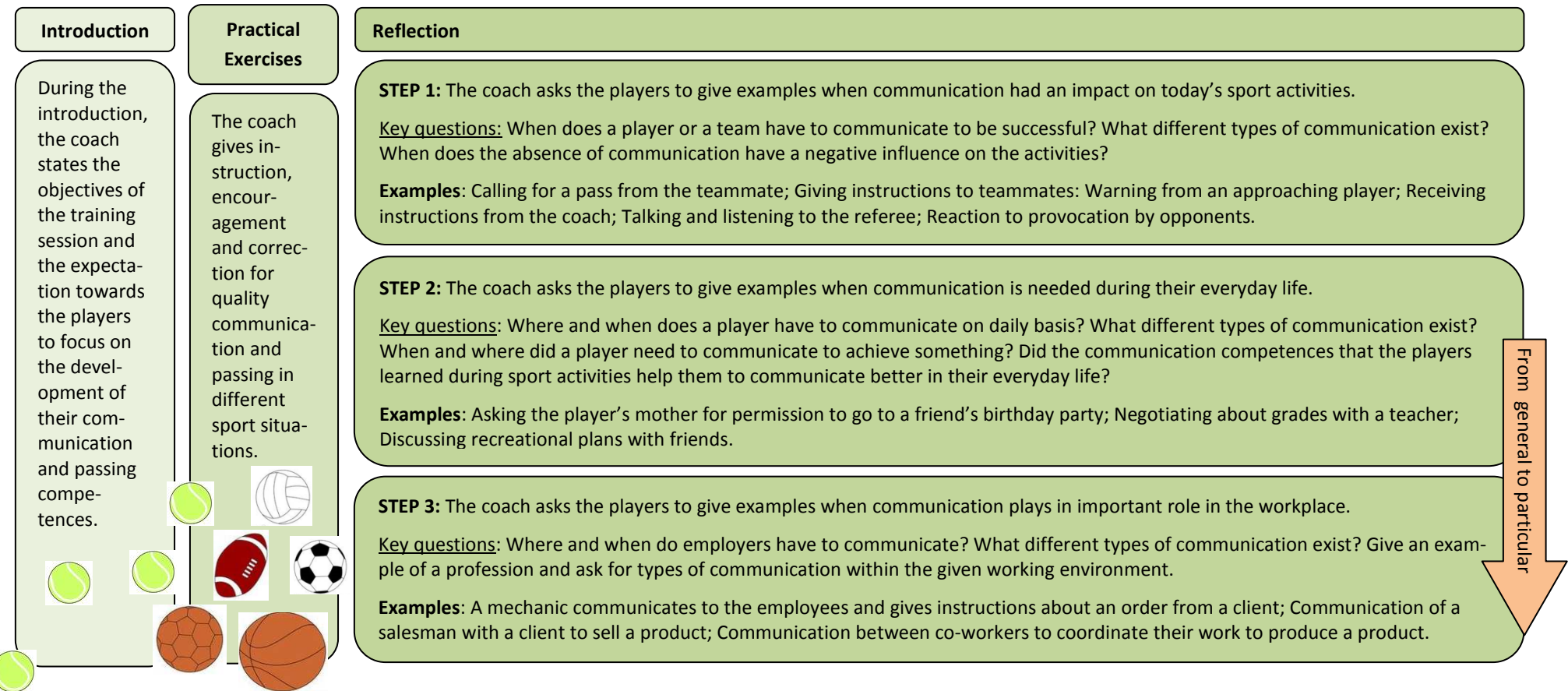


# EXAMPLE: S4D Competences as part of a training session

A coach working with youth aims to develop **employability competences**. In one of his training session he is focusing on players' **communication competences** for a better sport performance and higher work capability. The coach chooses **passing competences** as the technical objective as communication is a natural element of passing.

**The development of COMPETENCES as part of the whole training:**



An intentional connection between the development of competences during sport activities and the translation of these competences in daily-life contexts (given example: context of the work environment) achieved mainly through the design of the training activities and also through the facilitation of a reflection with the participants. Delivered as described, experiences gained through S4D training can have furthermore impact on development objectives like gender awareness or prevention of conflicts.