



Football/Netball3 Guideline for Inter-College Sports Exchange 2018/19

Football3 and Netball3 is a unique way of playing football that is changing lives across the world. It is based on the principle that the basic values of fair play, gender equality, teamwork and respect are just as important as football skill.

by

Felix Weber

Outline

1. Introduction	3
2. Playing the games	5
2.1 Select the rules:.....	5
2.2 Point system.....	6
2.3 Rituals before and after match:	7
3. The role of the mediator	7
4. Tournament structure for Inter-College Sports Meet 2018	8
Annex	9

1. Introduction

The games are named after its ‘three halves’– a social warm-up with a pre-match discussion, the actual game, and post- match discussion – football and netball 3 incorporate key life lessons into every match. In mixed-gender teams, players collectively decide on the rules before the game. Following the match, they reflect on their behaviour and the behaviour of their opponents, with points awarded for goals as well as for fair play. As the games are played without referees, players must learn how to resolve conflicts themselves through dialogue and compromise.

‘Three Halves’:



Objectives of football3 and netball3

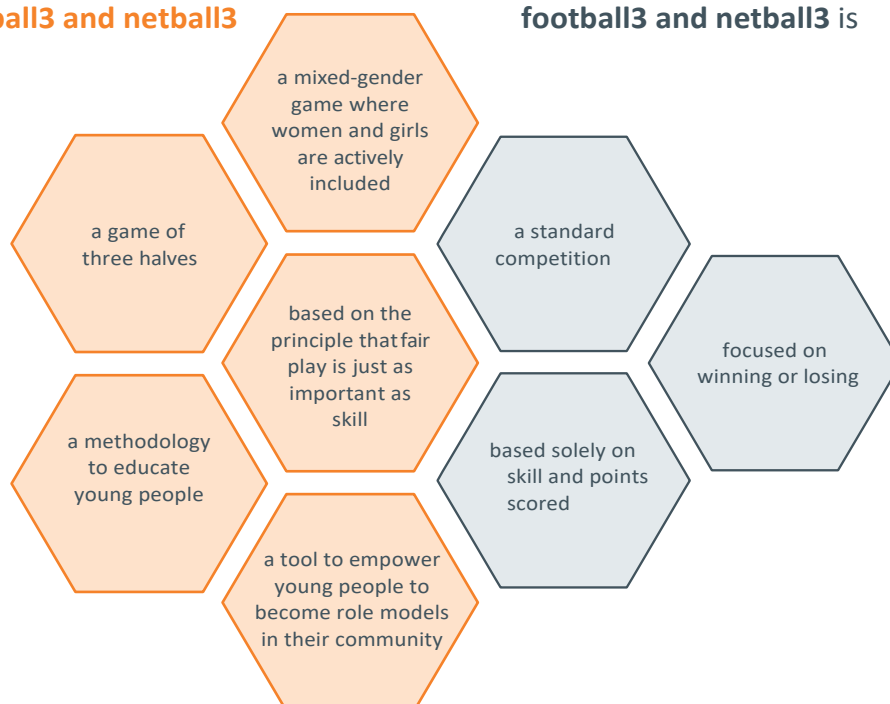
The overall objective of football3 and netball3 is to promote key life skills and empower youth to become leaders in their communities. With its strong emphasis on dialogue and conflict resolution, both players and mediators acquire knowledge and life skills, including the following:



Football/netball3 what it is and what it is not:

football3 and netball3

football3 and netball3 is



2. Playing the games

The games are played with mixed teams including boys and girls and different players from the various NCoEs. To facilitate the getting to know each other process begin the games with social minor games which encourage learning the others names and making new friends, e.g. name ball, meet and greet or position play.

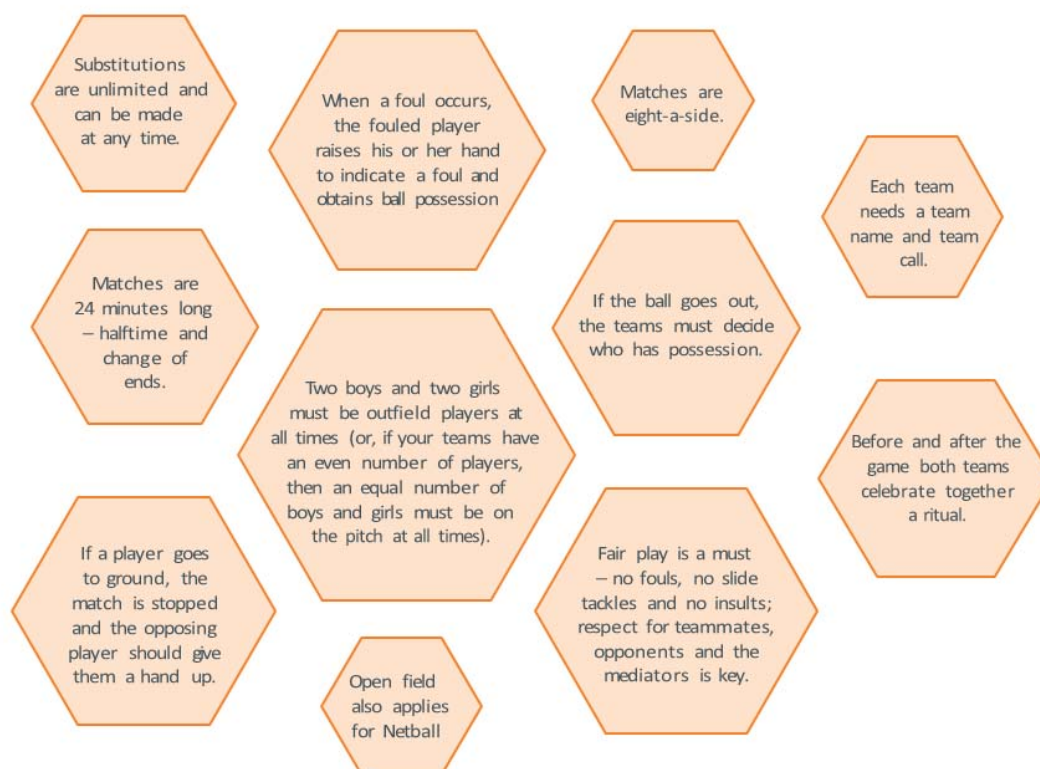
2.1 Select the rules:

There is not one correct set of fixed rules. Make the programme more educational by adapting the rules to meet the desired outcomes of your programme by, for example, emphasising female involvement or the integration of participants from various ethnic and religious backgrounds.

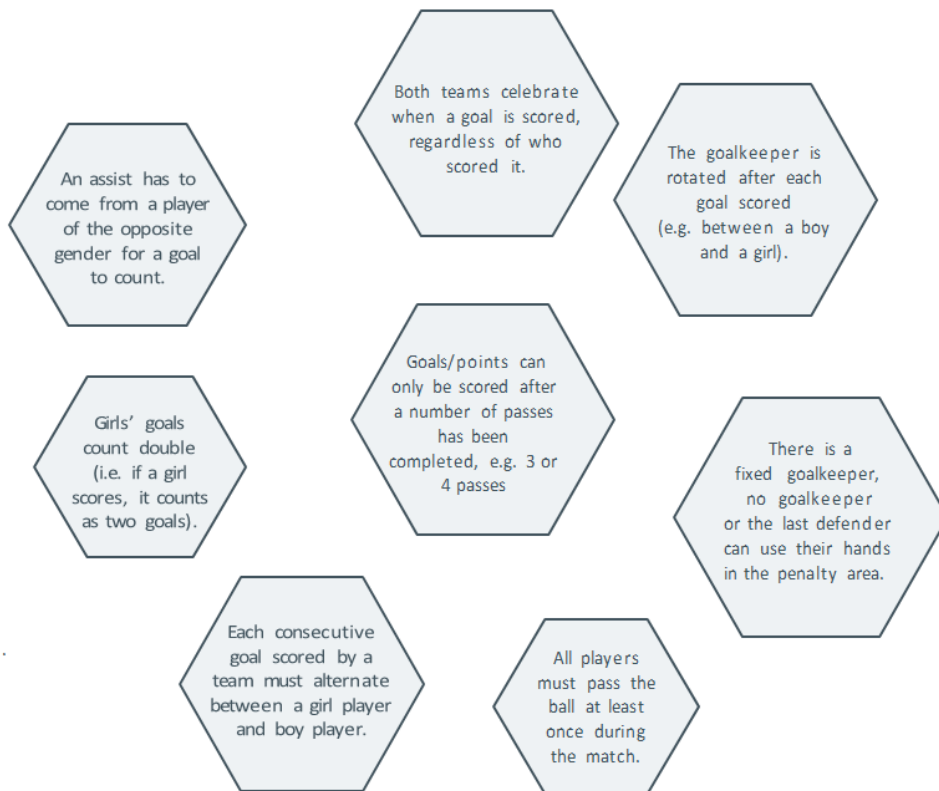
Fixed and open rules

The rules of are a combination of 'fixed rules', which are the same for every match, and 'open rules', which are open to negotiation in the pre-match discussion. Announce the fixed rules at the start the tournament and apply them in every match. Open rules differ from match to match, depending on what the teams agree upon, and are a powerful tool to emphasise fair play and the specific social topics you want to address. Encourage your players and mediators to be creative in selecting the open rules and develop new rules that will enrich the game.

Examples of fixed rules:



Examples of open rules:



2.2 Point system

Football3 and netball 3 modify the point structure of traditional team sports to emphasise positive competition and personal accountability. The actual match points - points for goals scored – are combined with fair play points - points awarded by teams during the post-match discussion - to determine the winner



Match points

+



Fair play points

=



Total points

Match points

1 point for participating,
2 points for a draw,
3 points for a win

Evaluation of the opposing team

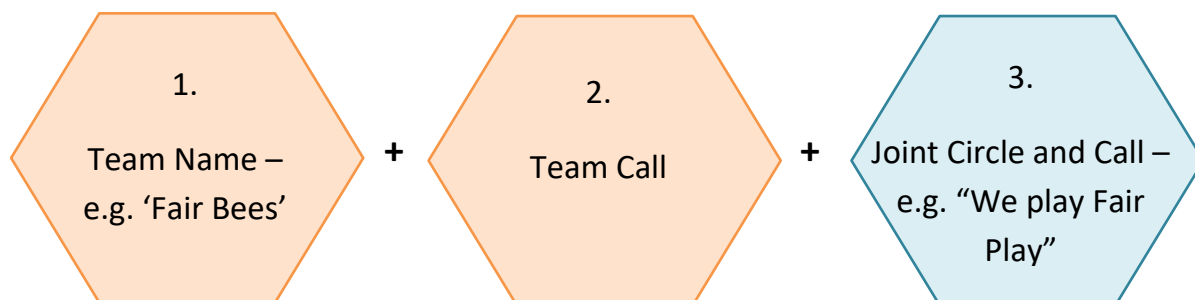
0 points for not respecting the rules,
1 point for respecting some of the rules,
2 points for respecting all

EXAMPLE MATCH RESULTS

	TEAM A	TEAM B
SCORE	1	0
	3	1
	2	2
	5	3

TEAM A WINS

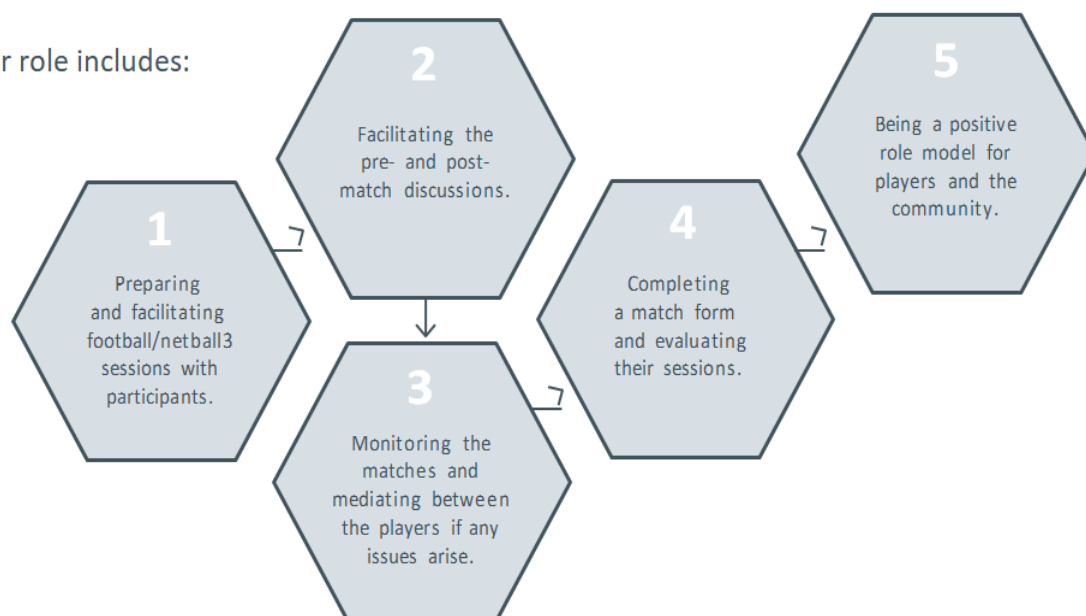
2.3 Rituals before and after match:



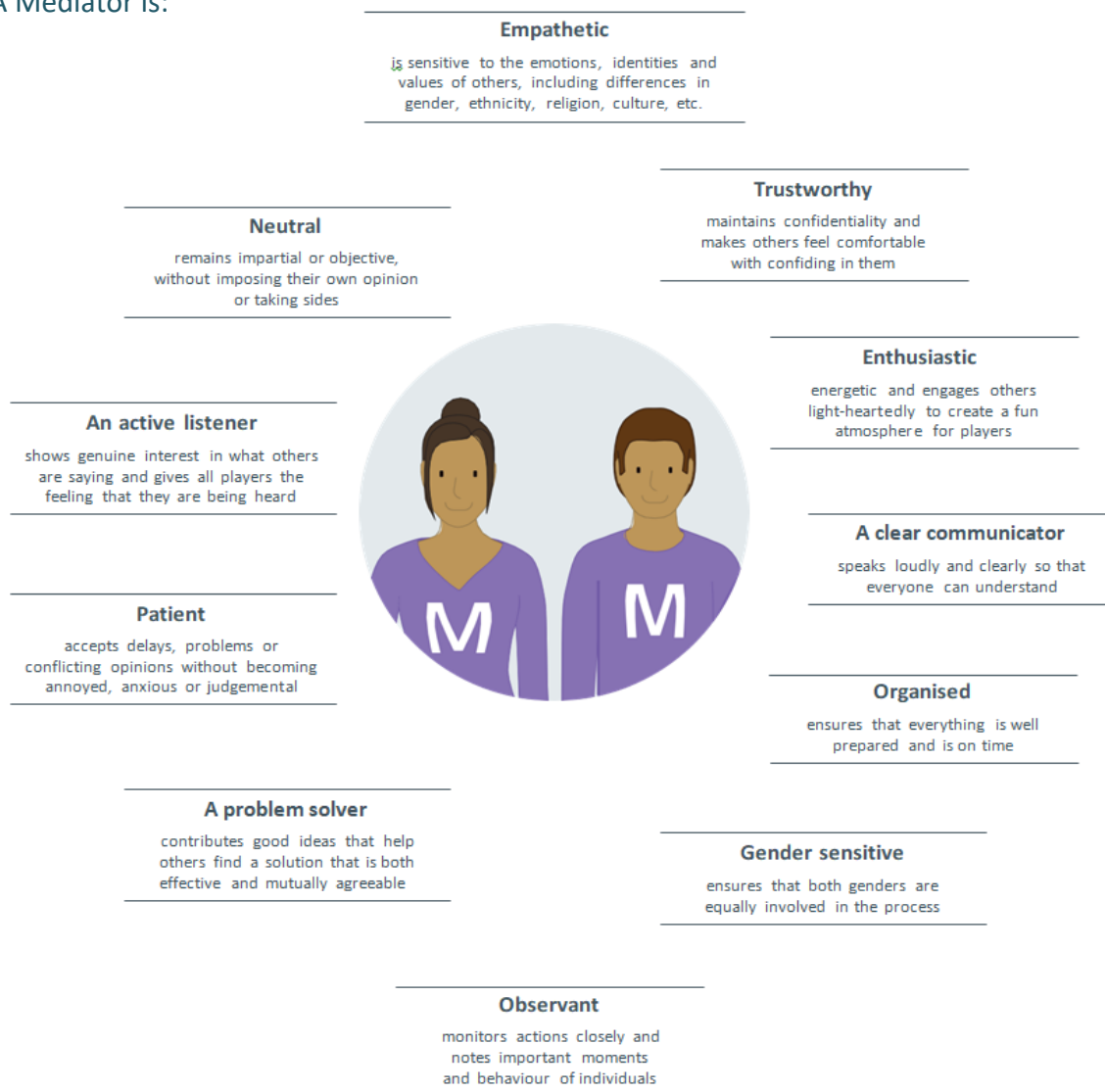
3. The role of the mediator

Mediators are fundamental to the success of football/netball3.

Their role includes:



A Mediator is:



4. Tournament structure for Inter-College Sports Exchange 2018/19

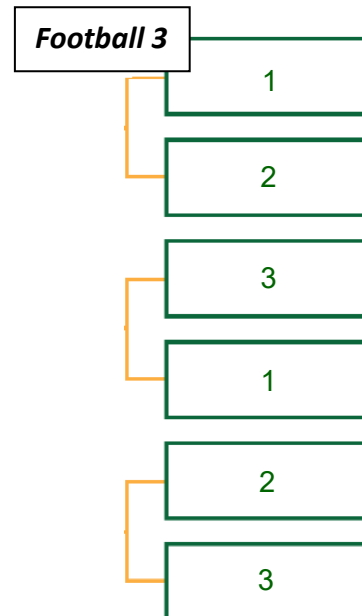
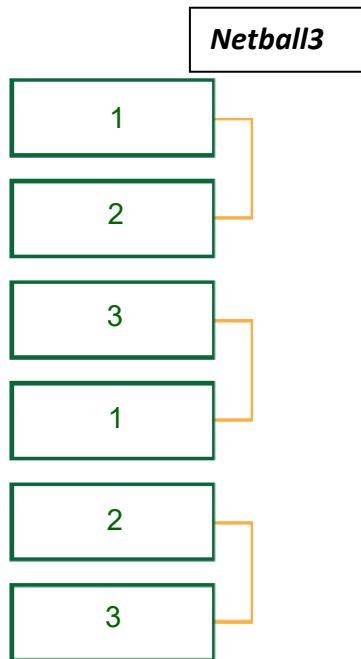
3 netball and 3 football teams will play Fair Play games as part of the Inter-College Sports Exchange 2018/19. In total there are 3 netball games and 3 football games. Each game has two halftimes with 15 minutes each and a 10 minutes halftime break.

The football and netball teams have a total number of 13 players, 9 field players and 4 substitutes and one team has 14 players, 9 field players and 5 substitutes. The total number of players required is therefore 40 players for netball and 40 players for football. Furthermore, two students from the team not playing at the time serve as the mediators to make sure the games are played in a fair manner and everyone is included and engaged and one student is the timekeeper. In total there are 40 students and 4 PE lecturers from the two NCoEs.

One PE lecturer from the hosting NCoE, who has been selected during the Inter-College Sports Exchange Preparation Programme, coordinates and moderates the Inter-College Sports Exchange.*

The netball games take place on Saturday morning and the football games take place on Sunday morning.

The structure is as the following:



Annex

Match form, along with an explanation of how the mediators should fill it out:



- * Record the **match information**.
- * Enter the **number of goals** scored during the match.
- * Record the **number of match points**, fair play points and total points for each team.
- * Provide a summary of the **most important fixed rules** prior to the match.
- * Record the **open rules** that the two teams agree upon in the pre-match discussion.
- * Take notes on the **behaviour of each team** during the match for the post-match discussion.



Match info

NCoE

Mediator

Team A

Team B

Pitch

Start time

Match score

Teams

Goals scored

Match points

Fair play points

Total points

Rules

Descriptions and Observations

Mediator observations
